

SABRANG 2021

AN ISABS NORTHERN REGION EVENT

19th December, 2021 to 23rd December, 2021.

ZORBA THE BUDDHA

7, Tropical Dr, Ghitorni

N. Delhi 110030

ABOUT HUMAN PROCESS LABORATORY (LAB)

Typically, in a Human Process Laboratory, a group of around 10-12 participants work together along with facilitator/s to deepen the understanding of human behaviour and the various interlinked aspects through experience, reflection and actively experimentation with new behaviours in a contained manner / safe space. The participants discover their strengths, patterns of their behaviour in interpersonal and group interactions, the way they perceive others, and are perceived by others. The group uses the 'here and now' experience to derive this learning, utilising each other as a resource. The facilitator/s support in creating a climate for such learning.

IMPORTANT NOTE TO PARTICIPANTS:

1. Human Process Labs bring with them a certain depth and churning. It can be a thrilling as well as demanding learning journey, which continues beyond the labs. It is important that one recognizes the unusual circumstances that we are in and seek support if needed once the lab closes for the day.
2. ISABS will extend the best possible support to all participants, within the restrictions placed upon us by the current pandemic.
3. In sending us your nomination, you are confirming to ISABS that you have read and understood the details of the event as well as the consent form and that you agree to take responsibility for the unique outcomes of the program, when you nominate yourself for the lab.
4. Your nomination will be accepted subject to the norms laid down by Government of India regarding Pandemic.

CAUTIONARY NOTICE: *A person who has experienced continuous mental stress or has been under psychiatric treatment or has a history of mental disorders, or has had a coronary/heart attack, must not be nominated to ISABS labs. ISABS will not be responsible for any of such problems developed during or after participation in any lab. It is implicit that each participant joins the lab with informed voluntary consent and owns responsibility for his/her own health.*

Submission of certificate of Vaccination of both doses along with Nomination Form is mandatory.

EVENT INFORMATION:

The event will offer the following labs; (Please see annexure 1 for details about each lab).

- **Basic Human Process Lab (BLHP) -- Entry level**
- **Advanced Human Process Lab (ALHP) --- Only for those who have cleared Basic Human Process Lab**

Medium of Communication: English, Hindi, Punjabi.

Dates: 19th to 23rd December, 2021.

Participants are required to commit to attend all sessions spread over five days.

Timings: 9:00 am to 6:30 pm on 19th, 20th and 22nd December

TIMINGS

9:00 a.m. to 6:30 p.m. on 19th, 20th and 22nd December, 2021.

9:00 am to 7:30 p.m. on 21st December

9:00 a.m. to 10:00 p.m. On 22nd December (7:00 pm to 10:00 pm Party Time)

Attendance in all sessions including party is mandatory.

PROGRAM FEES, DISCOUNTS AND BURSARIES

Participants are requested to make payments after receiving an enrolment acceptance from Regional Coordinator Northern Region, ISABS. Enrolments will be confirmed only after we have received your consent as per the attached consent form, which elaborates the unique nature of this program. Payments made without duly signed consent form will be reversed to your account within 24 hrs.

Program Fees: Per participant for BLHP and/or ALHP as applicable				
Particulars for Residential Participation				
Per Person on a Twin Sharing Basis (in INR)				
	Basic Fee	Associate Membership Fee of ISABS*	GST @18%	Total Fee
Corporate and Public Sector Sponsored	42000	250	7605	49855
Self, Social Sector, Health and Education Sector Sponsored	32000	250	5805	38055
Per Person on Single Occupancy Basis (in INR)				
Corporate and Public Sector Sponsored	50,000	250	9000	59250
Self, Social Sector, Health and Education Sector Sponsored	50,000	250	9000	59250
Particulars for Non-Residential Participation (In INR)				
Corporate and Social Sector	28000	250	5085	33335
Self, Social Sector, Health and Education Sector Sponsored.	22000	250	4005	26255

Staying in same hotel is not mandatory.

Staying in a nearby budget accommodation is permissible.

You may like to check the exact amount to be paid using <https://www.xe.com/currencyconverter/>.

Alternately, you can write to us for the exact amount to be paid at admin@isabs.org

- **Early Bird discount** - 15% on Basic Fee, if nomination and fees received before 1st December, 2021. The details for the 15% discount under different categories as follow.

Fee Details After 15% Discount in Different Categories					
CATEGORY	BASIC FEE	15% DISCOUNT	ASSOCIATE MEMBERSHIP	GST 18%	TOTAL FEE
<i>Residential Self Sponsored / NGO</i>	32000	4800	250	4941	32391
<i>Residential Corporate</i>	42000	6300	250	6462	42421
<i>Non-Residential Self Sponsored /NGO</i>	22000	3300	250	3411	22361
<i>Non-Residential Corporate Sector /NGO</i>	28000	4200	250	4329	28379

- **Group Discount** of 10% on Basic Fee for a group of 4 or more participants registered together and fees paid in a single payment on or before 1st December, 2021.
- **Super Bonanza** – 25% Early Bird plus group discount for a group of 4 or more participants registered and fees paid in a single payment on or before 1st December, 2021.

If you have paid it any time after 1st October, 2020, till date of registration and payment, you may deduct the due amount (Rs.250/-) from the total fee payable and mention details of the AMF paid in the nomination form.

BURSARIES:

ISABS is committed to make this learning opportunity available to those working in under resourced Non-profit organizations or community-based organizations and movements. A few bursaries will be available to participants who are working with such organizations and/or are constrained with resources.

Participants will be required to submit the application for bursaries to the Ms. Ashu Issar Kumud at rc.north@isabs.org on or before 15th November, 2021.

The applications will be reviewed by the bursaries committee after 15th November, 2021 once all applications are received. You will receive an e-mail on the status of your application by 20th November 2021.

For queries related to bursaries process, you may e-mail Ms. Ashu Issar Kumud rc.north@isabs.org directly.

REGISTRATION AND PAYMENT DETAILS

REGISTRATION:

Please register yourself and/or ask nominees from your organisation to register using the appropriate link by accessing our LMS portal <https://lms.isabs.org>.

Alternately, you can download the nomination form from Events page on www.isabs.org.

Nominations will be accepted on a first come first served basis and would be considered as confirmed only after full payment of fees and after we received your consent form (signed hard copy OR accepted as signed on LMS).

PAYMENT METHOD:

Online: You may make the payment online using our online payment gateway. Use the Payment Link on our events page on www.isabs.org. Before you make the payment, kindly ascertain the exact amount that you need to pay with our accounts team, if you are unsure.

Bank Transfer: The programme fee can be wire transferred through internet into our account “Indian Society for Applied Behavioural Science” Savings A/c no. 236601000001628 Indian Overseas Bank, Yusuf Sarai C-1 Green Park Extension branch, Delhi 110016

IFSC code for the branch is IOBA0001070

Demand Draft (DD): DD drawn in favour of “Indian Society for Applied Behavioural Science” payable at New Delhi. The DD may be sent, along with duly filled Nomination Form to Ashu Issar, Regional Coordinator Northern Region ISABS, C 618 Sushant Lok 1, Gurugram, Haryana, India.

For Confirmation of Payment and Nomination status please contact

Ashu Issar Kumud 91- 9643802801

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Ashu Issar Kumud -91-9643802801

E-mail id rc.north@isabs.org

Anupama Sharma 91-8291446773

E-mail id anupamasharma21@gmail.com

ISABS Office:

Shubhojeet Pal 8802657508 | Tel: +91-11-79656771 or (011) 26964710 or (011) 26850956 | E-mail id: admin@isabs.org; contact@isabs.org

CANCELLATION POLICY

Any cancellation after the confirmation of nominations will entail a deduction of 50% of the programme fee towards administrative costs incurred by us. Cancellations on or after 5th December, 2021, will NOT be entitled to any refund. However, a request to transfer the registration to another participant in the SAME lab, may be considered subject to written request being sent to us for the said transfer/ swap.

FOR ANY OTHER ENQUIRIES:

Write to us at rc.north@isabs.org OR admin@isabs.org

Call us on: Ashu Issar Kumud- +91-9643802801 OR Anupama Sharma - +91-8291446773

ISABS Office: Shubhojeet Pal OR Mohan Singh @ +91-11-79656771 OR (011) 26964710 or (011) 26850956

ANNEXURE 1: ABOUT THE LABS

ISABS programmes focus on building competency in personal effectiveness and making it available for organizational and societal growth and development. Participants in ISABS labs are likely to become more sensitive to their and others' feelings, needs and behaviors as well as understand their own and others' behaviour more clearly.

ABOUT BLHP

THIS LAB WILL FOCUS ON “SELF” AND CREATE CONDITIONS FOR INTRA PERSONAL EXPLORATION.

This lab is the beginning of a journey that takes the participant deeper into his/her self-awareness. BLHP is meant for persons interested in developing his/her personal and interpersonal competence and becoming more effective.

Learning Objectives:

1. Become aware of her/his/their patterns of behaviour and their impact on others;
2. Improve her/his/ their effectiveness in interpersonal interactions.
3. Recognize feelings, diagnose needs and improve her/his/their ability to deal with differences.
4. Learn the basics of group processes and their impact on self and others

ABOUT ALHP

This lab will be anchored more on “Self in group” rather than a simple self-exploration of ECHO Step I.

This lab is conceptualized to help further the journey of self-awareness that has begun with ECHO I or a BLHP in an ISABS event. Those Individuals who have participated in ECHO I or Basic Lab on Human Processes and have been cleared for attending ECHO II or an Advanced Lab, may participate in ECHO II.

Learning Objectives:

1. Understand group processes and how group processes impact self and vice versa
2. Develop greater awareness of self, interpersonal and group processes and explore with that awareness.
3. Develop understanding around issues of diversity, especially gender, age, religion and caste.
4. Practice and learn the skills of making process observations.