



Eastern Region: 1, Saraswati Kunja (Udyan), 613, Jagamara, Bhubaneswar 751030

26 March 2022

To,

Dear Applied Behavioural Science Enthusiast

Indian Society for Applied Behavioural Science (ISABS) offers "Parab 22", an event of Laboratories in Human Process (Basic and Advanced). This event will be managed by the Eastern Region of ISABS. It will be held at Durg, Chhatisgarh, over 5 full days from 10<sup>th</sup> to 14<sup>th</sup> May 2022.

The laboratories are open to all those interested in understanding more about themselves and their behaviour patterns, in order to enhance their effectiveness in interpersonal and group situations. Participants of these laboratories would be eligible to do further work with ISABS for their personal and professional development which requires prior ECHO 1 or 2/BLHP/ALHP experience.

**In view of the Covid 19 pandemic, all participants are required to produce their final vaccination certificate issued by the Cowin portal of the Government. Persons without the certificate will be refused admission to the labs, and no fee refund will be made in such cases.**

The venue for the Event is

"Indian Coffee House"  
Opp. Durg Railway Junction  
Durg, Chhatisgarh 491001, India  
Phone: 0788 – 2212086

Please refer to the following pages for additional details on the event and how to participate in it.

Thanking you and looking forward to travelling together in this fascinating journey of discovering ourselves

**Khirod Pattnaik – Regional Coordinator, ISABS Eastern Region**

1, Saraswati Kunja (Udyan), 613, Jagamara  
Bhubaneswar 751030

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## Human Process Laboratories

In a human process laboratory, a group of 8 to 12 participants work together along with one or two facilitator(s) to explore human processes and discover more about themselves, their strengths, their styles, their interpersonal and group interactions, how they perceive and are perceived by others. While this is the primary task, there is no pre-determined agenda and the group uses the “here and now” experience to derive this learning, using each other as a resource. The facilitator helps to create a climate for such learning. There are also some community sessions where members from all the laboratory groups come together. The laboratories run over 36-40 hours with suitable breaks.

### Basic Laboratory on Human Process (BLHP)

**Objective:** To enable the participant to:

- (i) become aware of own patterns of behaviour and its impact on others.
- (ii) improve one’s own effectiveness in interpersonal interactions and derive greater satisfaction from those.
- (iii) recognise feelings, diagnose needs and improve own ability to deal with conflict; and
- (iv) discover the potential to live life meaningfully and effectively.

**For Whom:** The Laboratories are meant for any person interested in developing their personal and interpersonal competence, Organisation Personnel, HRD and training professionals, executives in different functional areas, students, researchers, doctors, lawyers and other professionals who work with people, faculty in management, psychology, sociology and social work, college and school teachers and persons working in rural development, voluntary and social service organisations. Those not in any full-time employment also find it useful to increase their people competence and self realisation.

### Advanced Laboratory on Human Process (ALHP)

**Objectives:** To help participants

- (i) enhance learning and experimentation initiated by them in the Basic Laboratory (BLHP);
- (ii) develop greater awareness of behavioural processes in their lives, and work on dilemmas faced
- (iii) practice skills of observation of human processes and interventions; and
- (iv) become familiar with group dynamics and their impact on behaviour.

**For Whom:** The Advanced Laboratory on Human Process is meant for only those individuals, who have already participated in a Basic Laboratory on Human Process and are now interested to further their self-learning. The Advanced laboratory also helps in working in and leading Teams.

**Facilitators:** Facilitators for all the Human Process Laboratories will be Professional Members of ISABS (complete list available at <http://isabs.org/pm.php>). Co-facilitators may include Interns who are part of the ISABS’ Professional Development Programme.

**Registration:** Last Date: May 05, 2022 (We have Limited Seats and will stop taking nominations as soon as all seats are filled up).

Registration for the event can be done through the learning management system of ISABS ([www.lms.isabs.org](http://www.lms.isabs.org)). Alternatively, please send your completed nomination form along with a cheque or DD towards the applicable fees by the last date to the address below.

Participants may also deposit cash or cheques/ make a Bank transfer into our account (details below) and mail a print of the proof of payment along with the Nomination form to [rc.east@isabs.org](mailto:rc.east@isabs.org).

Scanned copies of the completed Registration form and fee deposit slip / Bank transfer acknowledgement may also be sent by email to [rc.east@isabs.org](mailto:rc.east@isabs.org)

**Fees:** Participation fee for all participants covers Buffet Breakfast, mid-morning tea/coffee, Lunch, mid-afternoon tea/coffee on the programme days, programme material and participation in the laboratory. Additionally, resident participants shall be provided with Fixed Menu Dinner and AC single occupancy / twin sharing accommodation from 9<sup>th</sup> May 6 PM till 5.30 PM on 14<sup>th</sup> May. Any other services availed of by a participant from the Hotel will have to be settled in cash with the Hotel directly.

**In view of the Covid 19 pandemic, Twin sharing accommodation is permitted only for participant pairs who specifically agree to share the room. Others will need to opt for single occupancy only.**

**All participants need to provide a printed copy of the final Vaccination certificate from the Cowin Portal in their name at the time of Registration. Inability to produce the certificate will result in denial of participation in the programme and fees paid will stand forfeited.**

***Participation Fee for Category A (Applicable to Participants Sponsored by For-Profit organisations and owners of such organisations)***

	Residents		Non Residents
	Single Occupancy	Twin sharing	
Participation Fee	31,000	29,000	22,000
Associate membership fee	250	250	250
GST @ 18%	5,625	5,265	4,005
Total Payable – INR	36,875	34,515	26,255

***Participation Fee for Category B (Applicable to Participants Sponsored by Non-Profit organisations, Self, Full time Students under 30 years of age, Faculty members of Educational Institutions)***

	Residents		Non Residents
	Single Occupancy	Twin sharing	
Participation Fee	27,000	25,000	18,000
Associate membership fee	250	250	250
GST @ 18%	4,905	4,545	3,285
Total Payable – INR	32,155	29,795	21,535

ISABS' services are available only for its Members. The Associate Membership fee will enrol the participant as an Associate Member for One year. Those who have paid this fee on or after 9<sup>th</sup> May 2021, can deduct INR 295.00 from the Total Payable. They will need to quote details like Receipt no., date and place of payment, of the earlier payment.

Applicable Participation Fee in form of Cash / Cheques / DDs may be directly deposited in our Bank account as under. Deposits can be made in any networked branch of Indian Bank anywhere in India. Instruments should be drawn in favour of "**Indian Society for Applied Behavioural Science, Calcutta Region**". Applicants may also e-transfer the fees to the Account as detailed below.

Account Holder: **Indian Society for Applied Behavioural Science, Calcutta Region**  
Bank: **Indian Bank, Khandagiri Branch, Bhubaneswar 751030**  
AC no.: **417916215 - Savings A/C**  
ISFC code – **IDIB000K317**

Please furnish the details below if you have made an electronic transfer;

Remitting Bank and branch \_\_\_\_\_ Amount \_\_\_\_\_

On Date \_\_\_\_\_ Bank confirmation Number \_\_\_\_\_

In case of e-transfer please quote the acknowledgement no. in the Nomination form for purpose of identification. Also send a screen shot of the Bank's acknowledgement.

### ***Early Bird Discount***

A discount of INR 1,000.00 on the Total Payable amount is available if payment reaches us by 15 April 2022.

### ***Group Discount***

A discount of INR 1,000.00 per participant on the Total Payable amount is available if an organisation sponsors 3 or more participants for the programme.

***Both the above discounts can be availed by organisations sending in the nominations along with the applicable fees by 15 April 2022***

### ***Cancellation***

Cancellations on or before April 30, 2022, would attract a 25% cancellation charge. Cancellations between May 1 and 08, 2022, would attract a 50% cancellation charge. No refunds would be made for cancellation made after that. However sponsoring organisations can substitute one nominated participant by another before 8<sup>th</sup> May 2022.

### ***Scholarships***

A few Scholarships are available to participants from the Non-Profit sector / Individuals / Academia. Please send requests by email to the Regional Coordinator ([rc.east@isabs.org](mailto:rc.east@isabs.org)) latest by 15<sup>th</sup> April 2022 if you wish to apply for it. The decision of the Regional Coordinator will be final in the matter. Scholarships will be on the total fees and cannot be combined with the discounts given above.

## **Timings**

Event timings will be from 9 AM to 6.30 PM on May 10 to May 13, and 9 AM to 5:30 PM on May 14, 2022. Resident participants may check into the venue after 6 PM on May 9. Check-out time for resident participants is before 5:30 PM on May 14<sup>th</sup>.

## **Language**

The primary language of the labs will be English. However, many of our facilitators understand and speak Hindi, Bengali and Odia.

## **Dress code**

The work will be done primarily sitting on mattresses placed on the floor. Hence, comfortable and loose clothing would be the best

## **Caution**

A person who has experienced continuous mental stress, has been under psychiatric treatment, has a history of mental disorders, or has had a coronary or heart attack(s), must not be nominated to, or join the laboratories. ISABS will not be responsible for any of such problems developed during or after participation in any ISABS laboratory. It is implicit that each participant joins the event with informed voluntary consent and owns responsibility for his or her own wellbeing.

## About ISABS

Indian Society for Applied Behavioural Science (ISABS, <http://www.isabs.org/>) is a national, non-profit, voluntary, professional organisation, founded in 1972 by a group of behavioural scientists engaged in applying their knowledge and skills for the well-being of persons and organisations. ISABS events focus on human processes and aim at helping people to understand themselves better and discover more creative and satisfying ways of working and relating. ISABS utilises group and experience based learning as its main training method. Experience, reflection, hypothesising, conceptualising, and experimentation, rather than lectures, are the chief components of this process of learning. ISABS also trains professionals to facilitate such experiential learning in organisational and societal contexts.

**For more information about ISABS and its offerings please visit ISABS website: [www.isabs.org](http://www.isabs.org)**

## Getting to Indian Coffee House, Durg

Indian Coffee House is easily accessible Taxi from Raipur Airport and Durg Railway Junction.

**Venue Address:**

"Indian Coffee House"  
Opp. Durg Railway Junction  
Durg, Chhatisgarh 491001, India  
Phone: 0788 – 2212086

Nearest Airport (80 mins) – Swami Vivekanand International Airport, Raipur  
Railway Station (<10 mins) – Durg Junction

## General Information

May is middle of the hot season in Bhilai. Minimum and Maximum Temperatures are likely to be around 26 and 40 Celsius respectively

## For any clarification related to this event please contact:

**Khirod Pattnaik, Regional Coordinator, ISABS Eastern Region**

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