



INDIAN SOCIETY FOR APPLIED BEHAVIOURAL SCIENCE

ISABS programs focus on human processes and utilise T-group and experience-based learning as its main training methods. Experiencing and reflecting on one's habitual behaviors, conceptualising and experimenting are the steps in this process of learning.

The T-group programmes (BLHP & ALHP) focus on building competency in personal effectiveness and making it available for organizational and societal development. Typically, a group of around 10-12 participants work together along with facilitator/s to learn about human processes. This helps in deeper self-awareness, discovery of their strengths, their styles, the effectiveness of their interpersonal and group interactions, how they perceive others and are perceived by others, etc.

ISABS is the only organisation in India which offers accreditation in T-group facilitation.



ISABS Southern Region

presents

BLHP & ALHP Labs

09 to 13 September 2024

Fireflies Intercultural Centre,

Off Kanakapura Road,

Bengaluru 560082

www.fireflies.org.in

Labs offered:

Basic Lab on Human Processes (BLHP)

This is an entry level lab meant for those who are interested in enhancing sensitivity to self and others, interpersonal effectiveness and exploring one's potential. Individuals from diverse background are welcome to participate. The BLHP labs are offered in English, Hindi, Kannada, Malayalam, Tamil and Telugu.

- To know more about BLHP objectives and who BLHP is for, please visit the [T-Group programs](#) page

Advance Lab on Human Processes (ALHP)

This next level lab is meant for enhancing self-awareness, improving interpersonal effectiveness and understanding group dynamics. This lab is open for individuals who have completed BLHP /ECHO1 or its equivalent not more than two years ago. The ALHP labs are currently offered in English.

To know more about ALHP objectives and who ALHP is for, please visit the [T-Group programs](#) page

Note - Availability of a lab is subject to sufficient nominations being received for each lab

T-Group Benefits and learning focus:

<i>Learning Focus</i>	<i>Likely Individual benefits</i>	<i>Likely Organisational benefits</i>
Self-Awareness	The individual becomes aware of her/his emotions, strengths and weaknesses.	S/he accurately assesses herself/himself and develops self-confidence to perform organisational tasks.
Leading Self	The individual develops the capacity to effectively manage her/his motives and regulate their behaviours	The payoff for the organisation is enhanced individual potential with self- control, trustworthiness, conscientiousness, initiative, ability to adapt and effectively influence others
Group Process and/or Social awareness	The individual develops the capacity to understand what others say and feel and why they feel and act as they do.	This results in improved empathy, organisational awareness and service orientation
Inter-personal / Group process skills	This capacity enables the individual to offer and receive feedback and get desired results from others and reach personal goals.	As a result, the individual is able to develop others, provide leadership, influence, communicate effectively, becomes a change agent, manage conflicts, build teams and collaborate.

Fee Details:

For **Corporate Sponsored Participants** = **INR 42,000/- + 18% GST**

This includes:

- Room on double occupancy basis; and
- Simple home-like food - veg / non-veg

Note:

- In respect of participants who are Non-Corporate sponsored, the fees will be based on the type of accommodation and other relevant details . Please write to rc.south@isabs.org
- For scholarship/fee concession requirements, please write to rc.south@isabs.org on or before **25th June 2024**

CAUTIONARY NOTICE

A person who has experienced continuous mental stress or has been under psychiatric treatment or has a history of mental disorders, or has had a coronary/heart attack, must be nominated to ISABS labs only after clearance by the psychiatrist or cardiologist as also the responsible family members' clearance. ISABS will not be responsible for any of such problems developed during or after participation in any lab. It is implicit that each participant joins the lab with informed voluntary consent and owns responsibility for his/her own health. Some parts of India and the world are continuing to go through the pandemic even now. The after effects of Covid affliction on individual's health is still not fully determined. It is important that sponsors/participants understand the implications of being in a large group setting for long periods of time and take all due care as a participant of this event. Participants shall be participating with complete knowledge of risks involved on their personal authority and take full responsibility for the same.

Bank Transfer:

Account Holder Name: Indian Society For Applied Behavioural Science

Bank Name: Canara Bank , **Branch:** Green Park Extension

Account Number: 90482010083153 | **Account Type:** Saving

MICR Number: 110015011 | **IFSC Code(RTGS/NEFT)** - CNRB0000350

SWIFT Number: CNRBINBBDGP

For confirmation of payment please contact:

Shubhojeet Pal +91-8802657508 | E-mail id: accounts@isabs.org

Registration:

- Nominations will be accepted on a first come first served basis.
- Nomination/Participation will be considered as accepted only after receipt of full payment of fees.
- For link to registration process or any other query, please write to rc.south@isabs.org