



# **Indian Society for Applied Behavioural Sciences**

Northern Region  
announces

## **PARIVARTAN 2025**

March 1-5, 2025  
Blossom Botique,  
Sector 30 Gurugram

## Human Process Laboratory (Lab)

Founded in 1972, Indian Society for Applied Behavioural Science (ISABS) is a national, voluntary society of behavioural scientists engaged in applying their knowledge and skill to the well being of persons, organisations, communities and the society at large.

ISABS programs focus on human processes and utilizes T-group and experience-based learning as its main training methodology. Experiencing and reflecting on one's patterns of behaviour, conceptualizing and experimenting are the steps in this process of learning. T-group programs (BLHP & ALHP) focus on building competency in personal effectiveness and making it available for organizational and societal development. Typically, the methodology involves a small group of participants working along with facilitator/s to learn about human processes. This helps in deeper self-awareness, discovery of their strengths, their styles, the effectiveness of their interpersonal and group interactions, how they perceive others and are perceived by others, etc. ISABS is the only organisation in India which offers accreditation in T-group facilitation.

Learning Focus	Likely Individual Benefits	Likely Organizational Benefits
Self-Awareness	The individual becomes aware of her/his emotions, strengths and weaknesses.	S/he accurately assesses herself/himself and develops self-confidence to perform organisational tasks.
Leading Self	The individual develops the capacity to effectively manage her/his motives and regulate their behaviours	The payoff for the organisation is enhanced individual potential with self-control, trustworthiness, conscientiousness, initiative, ability to adapt and effectively influence others
Group Process and/or Social Awareness	The individual develops the capacity to understand what others say and feel and why they feel and act as they do.	This results in improved empathy, organisational awareness and service orientation
	This capacity enables the individual to offer and receive feedback and get desired results from others and reach personal goals.	As a result, the individual is able to develop others, provide leadership, influence, communicate effectively, becomes a change agent, manage conflicts, build teams and collaborate.

### **Labs offered:**

#### **Basic Lab on Human Processes (BLHP)**

This is an entry level lab meant for those who are interested in enhancing sensitivity to self and others, interpersonal effectiveness and exploring one's potential. Individuals from diverse background are welcome to participate.

The BLHP labs are offered in English Language. If there is demand and an essential quorum of nominated members for the language of the lab to be Hindi, the same could be arranged in addition to the English Language based Labs. Please indicate your specific preference for Hindi Language Lab while responding.

#### **Advanced Lab on Human Processes (ALHP)**

This lab will be anchored more on "Self in group" and create conditions to deepen the journey of self exploration that started in BLHP. The lab will explore the dimensions of interpersonal and group dynamics along with personal awareness. Those individuals who have participated in Basic Lab on Human Processes and have been cleared for attending an Advanced Lab, can participate in ALHP[1].

To know more about ISABS and our offerings, BLHP/ ALHP objectives and who BLHP/ALHP is for, please visit <https://www.isabs.org/t-group.html>

### **EVENT INFORMATION**

**Dates: 1 to 5 March 2025**

	<b>Time</b>	<b>Check in</b>
<b>1 March 2025</b>	Event starts at 10:00 a.m.	Check in at 8:00 a.m.
<b>5 March 2025</b>	Event ends at 5:00 p.m	Check out at 12:30 p.m

[1] (Note: One can do ALHP after 6 months of BLHP and before 2 years after the last BLHP. Those participants who have been specifically recommended to do an ALHP as a part of their learning journey with ISABS by Dean(s) PDP or mentor in discussion with Dean(s) PDP can also participate in ALHP)

## PROGRAM FEES, DISCOUNTS AND BURSARIES

Participants are requested to make payments after receiving an enrolment acceptance from Regional Coordinator Northern India Region, ISABS. Enrolments will be confirmed only after we have received your consent as per the attached consent form, which elaborates the unique nature of this program. Payments made without duly signed consent form will be reversed to your account within 24 hrs.

Sr. No.	Participant sponsorship type	Basic Fee	AM fee*	GST @ 18%	Total fee
1.	<b>Double occupancy:</b> Corporate and Public sector organizations	₹40,000	₹250	₹7,200	₹47,450
2.	<b>Double occupancy:</b> Social & education sector and self sponsored individuals	₹35,000	₹250	₹6,300	₹41,550

**Bursaries will be available for eligible and applying students, self sponsored and NGO participants. For applying for bursaries contact Ashu Issar (Kumud) # 9643802801 and kumudkalia@gmail.com**

### Note:

- 1) Limited number of Single occupancy rooms may be made available on demand at a higher fee subject to availability.
- 2) Transportation to and fro is to be borne by participants. Arriving late is not an option.

\*Associate Membership Fee: ISABS programs are available only to its members. The AM fee will enroll you as an associate member for a period of 1 year from 1 March 2025 up to 28 February 2026. You can reduce this amount if you are already a member at the time of conduct of the lab.

### INCLUSIONS

For residential participants: All costs related to the labs, reading material etc. Accommodation from the time of check-in till check-out, breakfast, lunch, dinner, mid-morning and evening tea with cookies.

### EXCLUSIONS

Anything that is outside the above mentioned services as 'inclusions', is excluded from the scope of the fees per participant. Participants availing any such/other services at the venue will have to settle the bills for the same on their own.





### **Important Note**

In sending us your nomination, you are confirming to ISABS that you have read and understood the details of the event as well as the consent form and that you agree to take responsibility for the unique outcomes of the program, when you nominate yourself for the lab.

**CAUTIONARY NOTICE:** A person who has experienced continuous mental stress or has been under psychiatric treatment or has a history of mental disorders, or has had a coronary/heart attack, or has been under medical treatment for prolonged stress inducing medical conditions, must not self-nominate or be nominated to ISABS labs. ISABS is not responsible for any of such problems developed during or after participation in any lab. It is implicit that each participant joins the lab with informed voluntary consent and owns responsibility for his/her own health

### **PAYMENT INFORMATION**

#### **Online Bank Transfer**

Account Details for IMPS or NEFT

Account Name: "Indian Society for Applied Behavioural Science"

Account type and number:

Savings A/c no. 236601000001628

Bank name and address: Indian Overseas Bank,  
Yusuf Sarai C-1 Green Park Extension branch,  
Delhi 110016

IFSC code: IOBA0001070

**Demand Draft (DD):** A DD drawn in favour of "Indian Society for Applied Behavioural Science" payable at New Delhi. The DD may be sent, along with duly filled Nomination Form to the following address specifically marked on the envelop :

Fee for Parivartan 2025 and addressed to  
Shubhojeet Pal, ISABS OFFICE,  
B-1/33A, Mezzanine Floor, Hauz Khas,  
New Delhi 110016

The curious paradox is that when I accept myself just as I am, then I can change.

Carl Rogers

**Come & Grow with ISABS**

**Nomination Form – PARIVARTAN 2025  
BLHP/ALHP 1st to 5th March 2025**

Corporate <input type="checkbox"/> Self <input type="checkbox"/>	Male <input type="checkbox"/> Female <input type="checkbox"/> Other <input type="checkbox"/>	Residential <input type="checkbox"/>
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**Name:**

**Age (years completed):**

**Lab Applied for:**  **Basic (BLHP)**  
 **Advanced (ALHP)**

**Only for applicants for Advanced**

**Lab**      **Basic Lab attended venue and dates:**

**Name(s) of facilitators in the Basic Lab:**

**Organisation**

**Name of the Person to be contacted in any Emergency:**

**Telephone/Mobile**

Address (Office):	Address (Residence):
Telephone (Office):	Telephone (Residence):
E-mail:	E-mail:
Mobile	Mobile

Payment in favour of "Indian Society for Applied Behavioural Science"

Cheque/ Draft No	Dated	Ban k	Amount (Rs)
E-Transfer			
Acknowledgment no		Bank & Branch:	
Amount in Words:			

**I have read the announcement, including the cautionary notice, of the ISABS, Northern Region event, 'PARIVARTAN 2025 at HOTEL BLOSSOM, GURUGRAM, to be held from BLHP/ALHP 1st to 5th March 2025, and would like to join as a participant. I have read the cautionary notice in the Announcement and take full responsibility for my decision.**

**Date:**

**Signature:**