



ISABS Northern Region

# Changes 2019

27<sup>th</sup> February - 3<sup>rd</sup> March 2019

Programs:

Basic Lab on Human Processes (BLHP)

Advanced Lab on Human Processes (ALHP)



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Venue

**The Ocean Pearl Retreat, Satbari  
Chhatarpur, New Delhi-110074**

**Last Date for Nominations:  
17th February 2019**

# About ISABS

Indian Society for Applied Behavioural Science (ISABS) is a national, non-profit voluntary society founded in 1972 by a group of behavioural scientists with the objective of applying their knowledge and skill to the well being of persons, organisations, communities and the society at large. Its professional members work as independent consultants, trainers, psychotherapists, academicians, HR managers, private and public sector professionals and community change agents. They volunteer their time and effort to further the work of ISABS by various activities - human process labs, research, specialised training programs, etc.

ISABS programs focus on human processes and aim at helping people to understand themselves & others better and discover more creative and satisfying ways of relating and working. ISABS utilises T-group and experience-based learning as its main training method. Experiencing, reflecting, hypothesising, conceptualising and experimenting rather than lectures are the chief ingredients in this process of learning. ISABS conducts personal growth programs, sensitivity laboratories at National and Regional events. It also offers long term professional development programs for process facilitation skills, Organisation Development and Community/Social change facilitation and consultancy services. For more information visit us: [www.isabs.org](http://www.isabs.org)



## About Human Process Laboratory

In a human process laboratory/ sensitivity laboratory, a group of 8-10 participants work together, along with 1 or 2 facilitators, over a continuous period of 4-5 days to learn about human behaviour and interpersonal processes. Through the interaction in the group, they discover more about themselves, their strengths, styles, interpersonal and group interactions, how they impact and are perceived by others in the group. There is no pre-determined agenda or topic and the group uses the present experiences and spontaneous interactions to reflect, give and receive feedback to each other and experiment towards their learning. The facilitators help to create a climate and hold boundaries for such learning.





# Programs

## Basic Laboratory on Human Processes (BLHP)

### Objectives

To help participants:

- Become aware of their patterns of behaviour and its impact on others; also know the impact of others' behaviour on them.
- Identify and work on issues critical to their own growth and effectiveness.
- Improve their effectiveness in interpersonal interactions and derive greater satisfaction from them.
- Recognise feelings, diagnose needs and improve their ability to handle differences effectively.
- Discover their potential to live life more meaningfully.

### For Whom

The Basic Lab is meant for any person who is interested in personal growth and developing his/her personal and interpersonal competence. People working in NGOs, Govt., Academia, Corporate Sector, as well as independent consultants, psychotherapists, social workers, home-makers & students, all can benefit from this Lab. It is very useful for those who work closely with others in groups or teams.

## Advanced Laboratory on Human Processes (ALHP)

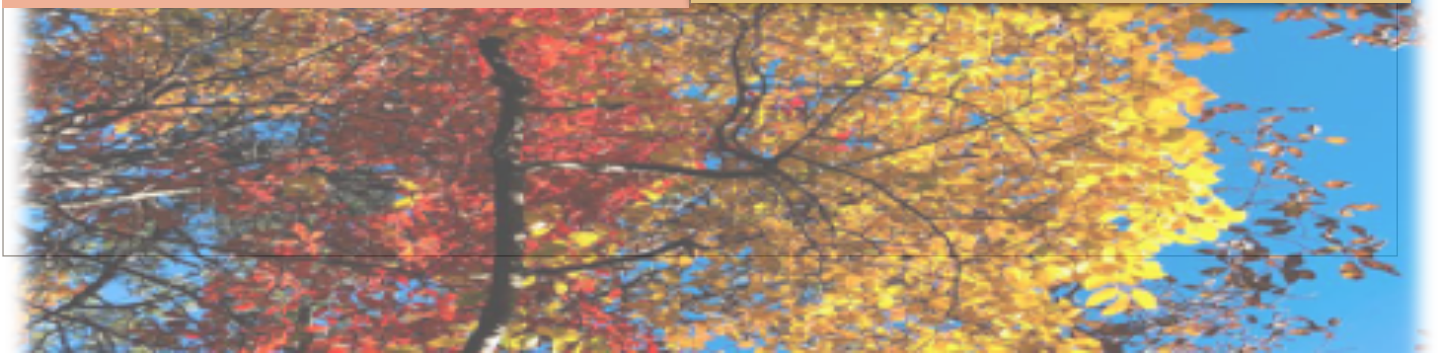
### Objectives

To help participants:

- Deepen learning and experimentation initiated by them in the Basic Laboratory on Human Processes (BLHP).
- Develop greater awareness of current behavioural processes associated with their life and work on dilemmas faced in the context of perceived realities.
- Practice skills of observation of human processes and intervening effectively with others.
- Become familiar with group dynamics and how these impact behaviour of individuals.

### For Whom

The Advanced Lab is an intensive learning opportunity for individuals who have participated in a Basic Human Process Lab (BLHP) and are now interested in continuing their growth. Only those who have participated and been cleared in a Basic Human Process Lab or its equivalent (L-Group/ Human Relations Programs in laboratory mode etc.) can apply for an ALHP. When sending nominations please write all details of the BLHP attended on the nomination form



# Program Fee

Category	Residential Basis (Double Occupancy )		Non-Residential Basis	
	Standard fee	Early Bird and Group Nominations	Standard fee	Early Bird and Group Nominations
<b>Corporate Sponsored</b>	Fee	34,000	26,000	24,700
	Associate Membership	250	250	250
	GST @ 18%	6,165	4,725	4,491
	<b>Total Payable</b>	<b>40, 415</b>	<b>30,975</b>	<b>29,441</b>
<b>Self Sponsored, NGOs, CBOs &amp; Development Sector</b>	Fee	29,000	20,000	19,000
	Associate Membership	250	250	250
	GST @ 18%	5,265	3,645	3,465
	<b>Total Payable</b>	<b>34, 515</b>	<b>23,895</b>	<b>22,715</b>

## The Program Fee includes the following:

**Associate Membership Fee (AMF)** Rs. 250/- is the annual membership fee as mandated by ISABS. It entitles you to receive regular information of ISABS Events, newsletter and attend the Annual General Meeting for one year.

If you have already paid this fee at any time in the last one year, i.e. after 27<sup>th</sup> February 2018, you may deduct an amount of Rs. 295/- (Rs. 250 for membership + GST for Rs 45) from the total fee and mention all details of the AMF paid (Date and Event of payment) in the Nomination Form

**Residential Participants:** Boarding and Lodging on Double occupancy basis, all Program materials and Administrative expenses.

**Non Residential Participants::** Lunch, Tea/Coffee, all Program materials and Administrative expenses

# Registration

## **The last date for Nominations/Registration is 17th February 2019.**

The duly filled Nomination Form, given at the end of this Brochure, along with the details of Fee paid by cheque deposit or NEFT, should reach the Regional Coordinator on or before the last date of nomination at the following address:

**Ashu Issar (Kumud)  
C- 618, Ground Floor  
Opposite BSNL, Sushant Lok-1  
Gurugram - 122002.**

All accepted nominations will be confirmed in writing by the Regional Coordinator. Participants are required to carry the copy of written Confirmation Email when they come to attend the Program

## Payment Information

Payment can be made by one of the following methods:

### **OPTION I :**

A Cheque/ Demand Draft (DD) in favour of "[Indian Society for Applied Behavioural Science](#)" payable at New Delhi.

### **OPTION II**

Electronic Payment - RTGS / NEFT - by crediting the fee directly into the bank account of ISABS - Delhi Region. After making the electronic transfer, please state the Confirmation or Transaction number, date, amount transferred on the Nomination Form.

**Savings Account Number :** 236601000001628  
**Name of the Bank and branch:** Indian Overseas Bank, Yusuf Sarai Branch  
**IFSC Code for the bank:** IOBA0001070

## Discounts

- Discounted fees is offered for Early Bird registrations and Group Nominations - these figures are given in the Program Fee table. The Group nominations discount refers to at least 3 persons from the same organisation.
- The Deadline for Early Bird Discounts is 3<sup>rd</sup> Feb 2019.**

## Scholarships

- Some scholarships are made available by the ISABS Northern Region on 'first come - first served basis' to those participants who have resource/ financial constraints. Participants should write to the Regional Coordinator {Ashu Issar (Kumud)} to ask for the Scholarship Form which is to be then filled and submitted
- Participants should apply to the Regional Coordinator, in writing, giving specific reasons as to why she/he deems it necessary to avail the said scholarship.
- The Scholarship granted will be confirmed by the Delhi Regional Coordinator in writing. Scholarships would be need based**

## Cancellations

30% of the Program Fee will be deducted towards Administrative Charges for cancellation of nominations BEFORE 3<sup>rd</sup> February 2019. Cancellations on or after 17th February 2019, will NOT be entitled to any refund.

## Event Timings, Check-in and Check-out timings

Participants are required to make their own travel arrangement to and from the Hotel venue and observe the timings given below.

Dates	Schedule
Wednesday, 27 <sup>th</sup> Feb 2019	8.45 to 9.30 a.m. – REGISTRATION at Program Venue
27 <sup>th</sup> Feb – 3 <sup>rd</sup> Mar 2019	9.30 a.m. to 6.30 p.m. – Program Sessions
Sunday, 3 <sup>rd</sup> Mar 2019	6.30 pm - The Event concludes

For participants attending on Residential basis:

Hotel Check- in: 12 pm onwards on Wednesday, 27<sup>th</sup> Feb 2019

Hotel Check – out: Before 12:00 noon on Sunday, 3<sup>rd</sup> Mar 2019

## Venue

### The Ocean Pearl Retreat

Chhattarpur Mandir Road, Satbari, New Delhi – 110074. Landline: (011) 48999000.

Contact Person for hotel-related queries: Mr. Vikram Singh : 8130499638 Website: [www.oceanpearlretreat.com](http://www.oceanpearlretreat.com)

- 3.5 km from Chhattarpur Metro Station on Yellow Line – Jahangirpuri to HUDA City Centre, Gurgaon.
- 10 km from Delhi Airport Domestic Terminal
- 20 km from New Delhi Railway Station

## Contact:

**Ashu Issar (Kumud)**  
Regional Coordinator  
[kumudkalia@gmail.com](mailto:kumudkalia@gmail.com)  
m : +91 9643802801

**Satyakki Bhattachajee**  
Regional Committee member  
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m: + +91 9999000324

**Teji Bhogal**  
Regional Committee member  
[tejibhogal@gmail.com](mailto:tejibhogal@gmail.com)  
m: + 91 9891470505

# Facilitators

The facilitators for the Labs will be drawn from the community of ISABS Professional Members who are accredited T-group trainers and are listed on the ISABS' website: [www.isabs.org](http://www.isabs.org)

ISABS-Northern Region Professional Members are:

Abad Ahmad	Neena Verma	Sanjay Sarbhoy
Anthony T D'Souza	N.P. Singh	Satyakki Bhattacharjee
Ashok Khandelwal	Parth Sarathi	Shakti S. Roy
Atul Chugh	Prabhakar Kamath	Somesh Chadda
Atul Shekhar	Pradeep Prakash	S o m n a t h Chattopadhyay
C.N. Kumar	Prayag Mehta	Sudhir K. Aggarwal
Deepankar Roy	Preetam Khandelwal	Sunita Raut
Harminder S. Uberoi	Rajan Johri	Suryamani Singh
Jasmeet Kaur	Rajen Brijnath	Syed Akhtar
J.M. Radhakrishna	Rajen K. Gupta	Tejinder Singh Bhogal
K.K. Jha	Ramesh Galohda	Viren Sisodia
Kirpal Singh	Rehana Wajahat	
Kumud K. Issar	Rekha Bharadwaj	
Mahaveer Jain	Renuka R. Singh	
MMP Akhouri		





**ISABS -Northern Region  
NOMINATION FORM**

**Lab** (please tick one): **BLHP / ALHP** **Basis:** Residential / Non-residential

**Name:** \_\_\_\_\_

Gender \_\_\_\_\_ Age \_\_\_\_\_ Work Experience (Years) \_\_\_\_\_

Qualification \_\_\_\_\_ Profession \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Telephone \_\_\_\_\_ Mobile \_\_\_\_\_ Email: \_\_\_\_\_

**Name & Designation of Sponsoring Authority:** \_\_\_\_\_

**Organization:** \_\_\_\_\_

**Name, address & phone no. of the person to be contacted in case of emergency:**

\_\_\_\_\_

**Payment Particulars:**

Cheque / DD No. \_\_\_\_\_ OR, NEFT Transaction No. \_\_\_\_\_

Date \_\_\_\_\_ Bank \_\_\_\_\_

Amount: \_\_\_\_\_

(Cheque / DD may kindly be drawn in favour of "INDIAN SOCIETY FOR APPLIED BEHAVIOURAL SCIENCE"  
Payable at "Delhi")

**Undertaking: IMPORTANT (Must be Signed by Participant Himself/Herself)**

A person who has experienced continuous mental stress or has been under psychiatric treatment or has a history of mental disorders, or has had a coronary/heart attack, should not be nominated to attend the BLHP and ALHP labs as they can be intense. ISABS will not be responsible for any problems that may develop during or after participation in the lab. It is implicit therefore, that every participant joins the lab with informed voluntary consent and owns responsibility for his/her own health.

**Signature of Participant** \_\_\_\_\_

**For ALHP Participants only:** Please attach BLHP review form.

**Details of LABS Done earlier:** Year(s) \_\_\_\_\_ Event(s) \_\_\_\_\_

**Facilitator/s** \_\_\_\_\_