



Eastern Region Address: 12-B, St 16, Sector 10, Bhilai - 490006
Bhubaneswar Address: 1, Saraswati Kunja (Udyan), 613, Jagamara, Bhubaneswar 751030

16 December 2018

To,

Dear Madam / Sir,

Indian Society for Applied Behavioural Science (ISABS), Eastern Region offers an event of Laboratories in Human Process (Basic and Advanced). The event will be at Bhubaneswar over 5 full days from 29th January 2019 to 2nd February 2019.

The laboratories are open to all those interested in understanding more about themselves and their behaviour patterns, in order to enhance their effectiveness in interpersonal and group situations. Participants of these laboratories would be eligible to do further work with ISABS for their personal and professional development which requires prior BLHP/ALHP participation.

The venue for the Event is "Hotel Sidharth", NH 16 Service Road, IRC Village, (Near NABARD Office / Hotel Crown), Bhubaneswar 751015.

Please refer to the following pages for additional details on the event and how to participate in it.

Thanking you and looking forward to travelling together in this fascinating journey of discovering ourselves

Manas Shukla, Regional Coordinator, ISABS Eastern Region

12-B, ST-16, Sector-10, Bhilai - 490006

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Khirod Pattnaik

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Human Process Laboratories

In a human process laboratory, a group of 8 to 12 participants work together along with one or two facilitator(s) to explore human processes and discover more about themselves, their strengths, their styles, their interpersonal and group interactions, how they perceive and are perceived by others. While this is the primary task, there is no pre-determined agenda and the group uses the "here and now" experience to derive this learning, using each other as a resource. The facilitator helps to create a climate for such learning. There are also some community sessions where members from all the laboratory groups come together. The laboratories run over 36-40 hours with suitable breaks.

Basic Laboratory on Human Process (BLHP)

Objective: To enable the participant to:

- (i) become aware of own patterns of behaviour and its impact on others;
- (ii) improve one's own effectiveness in interpersonal interactions and derive greater satisfaction from those;
- (iii) recognise feelings, diagnose needs and improve own ability to deal with conflict; and
- (iv) discover the potential to live life meaningfully and effectively.

For Whom: The Laboratory is meant for any person interested in developing their personal and interpersonal competence. Personnel, HRD, and training professionals, executives in different functional areas, students, researchers, doctors, lawyers and other professionals who work with people, faculty in management, psychology, sociology and social work, university and school teachers and persons in rural development, voluntary and social service organisations are some of the people who typically attend this laboratory.

Advanced Laboratory on Human Process (ALHP)

Objectives: To help participants

- (i) enhance learning and experimentation initiated by them in the Basic Laboratory (BLHP);
- (ii) develop greater awareness of behavioural processes in their lives, and work on dilemmas faced
- (iii) practice skills of observation of human processes and interventions; and
- (iv) become familiar with group dynamics and their impact on behaviour.

For Whom: The Advanced Laboratory on Human Process is meant for only those individuals, who have already participated in a Basic Laboratory on Human Process, and are now interested to further their self-learning.

Facilitators: Facilitators for all the Human Process Laboratories will be Professional

Members of ISABS (complete list available at <http://isabs.org/pm.php>). Co-facilitators may include Interns and other participants in the ISABS' Professional Development Programme.

Registration: Last Date: January 25, 2019 or earlier (We have Limited Seats and will stop taking nominations as soon as all seats are filled up).

To register for the event, please send your completed nomination form along with a cheque or DD towards the applicable fees by the last date to the addresses below. Participants may also deposit cash or cheques into our account (details below) and send a photocopy of the deposit slip along with the Nomination form (Speed Post preferred);

Manas Shukla, Regional Coordinator, ISABS Eastern Region

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Or

Khirod Pattnaik

1, Saraswati Kunja (Udyan), 613, Jagamara, Bhubaneswar 751030

Mob: 9437030601/8917206141 Email: khirod9@gmail.com

Soft copies of the completed Registration form and fee deposit slip can also be sent by email to manasshukla4894@gmail.com / khirod9@gmail.com.

Fees: Participation fee for all participants covers mid-morning tea/coffee, lunch, mid-afternoon tea/coffee on the programme days, programme material and participation in the laboratory. Additionally, resident participants shall be provided with Fixed Menu Breakfast, Dinner and AC twin sharing accommodation from 28th January evening till 8.30 AM on 2nd February. Any extra services availed by any participant from the Hotel will have to be settled in cash with the Hotel immediately.

Only Limited accommodation is available and would be given out on first come first served basis.

Participation Fee (Indian Rupees)

	Corporate Sector		Non Profit Sector / Individuals / Academia	
	Resident	Non Resident	Resident	Non Resident
Basic Fee	32,000	22,000	26,000	16,000
Associate membership fee	250	250	250	250
Service Tax @ 18%	5,805	4,005	4,725	2,925
Total Payable	38,055	26,255	30,975	19,175

ISABS' services are available only for its Members. The Associate Membership fee will enrol the participant as an Associate Member for One year. Participation Fee in form of Cash / Cheques / DDs may be directly deposited in our Bank account as under. Deposits can be made in any CBS branch of Syndicate Bank anywhere in India. Instruments should be drawn in favour of "**Indian Society for Applied Behavioural Science**". Alternatively applicants may e-transfer the fees to the ISABS Bank Account.

Account Holder: **Indian Society for Applied Behavioural Science**
 Bank: **Syndicate Bank, Green Park Extension Branch, New Delhi 110016**
 AC no.: **90482010078724 - Savings A/C**
 ISFC code - **SYNB0009048**

Please furnish the details below if you have made electronic transfer;
 Bank and branch from where the remittance has been sent _____
 On Date _____ Bank confirmation Number _____
 Amount _____ In case of e-transfer please quote the acknowledgement no. in the Nomination form for the purpose of identification. Also send a print of the Bank's acknowledgement screen.

Cancellation

Cancellations on or before January 15, 2019 would attract a 10% cancellation charge. Cancellations between January 16 and 25th, 2019, would attract a 25% cancellation charge. No refunds would be possible after that.

Scholarships

A few Scholarships are available to participants from the Social Sector / Individuals / Academia. Please send written requests by email to the Regional Coordinator latest by 12th January 2019 if you wish to apply for it. The decision of the Regional Coordinator will be final in the matter.

Timings

Event timings will be from 9 AM to 6.30 PM on January 29 to February 1, and 9 AM to 5:30 PM on February 2nd, 2019. Resident participants may check into the venue in the evening of January 28th. Check-out time for all participants is 8:30 AM on February 2nd.

About ISABS

Indian Society for Applied Behavioural Science (ISABS, <http://www.isabs.org/>) is a national, non-profit, voluntary, professional organisation, founded in 1972 by a group of behavioural scientists engaged in applying their knowledge and skills for the well-being of persons and organisations. ISABS events focus on human processes and aim at helping people to understand themselves better and discover more creative and satisfying ways of working and relating. ISABS utilises group and experience based learning as its main training method. Experience, reflection, hypothesising, conceptualising, and experimentation, rather than lectures, are the chief components of this process of learning. ISABS also trains professionals to facilitate such experiential learning in organisational and societal contexts.

For more information about ISABS and its offerings please visit ISABS website:
www.isabs.org

About Hotel Sidharth

Hotel Sidharth is a 3 star hotel in Bhubaneswar, easily accessible by Auto Rickshaw/Taxi from the Airport / Railway Station / Bus Stand

Venue Address:

Hotel Sidharth

NH 16 Service Road, IRC Village, Bhubaneswar 751015

(Adjoins NABARD office / Hotel Crown)

Reaching the Venue

Bhubaneswar is on the East coast of India and is connected by road/Rail/Air to many cities of India. The Venue is around 20 minutes by Taxi from the Railway Station or Bhubaneswar Airport. The Airport also receives direct International flights from Kuala Lumpur and Bangkok.

General Information

January End/February beginning is tail end of winter in Bhubaneswar. Temperatures could range between 36C and 16C through the day. Seating will be "Baithak" style on the floor and participants would find casual clothes most comfortable.

The venue is close to many places of historical importance, Regional Natural History Museum, Pathani Samanta Planetarium and shopping areas.

For any clarification related to this event please contact:

Manas Shukla, Regional Coordinator, ISABS Eastern Region

Email: manasshukla4894@gmail.com

phone: 9340242338

Or

Khirod Pattnaik

Email: khirod9@gmail.com Tel: 9437030601 / 8917206141

Caution

A person who has experienced continuous mental stress, has been under psychiatric treatment, has a history of mental disorders, or has had a coronary or heart attack(s), must not be nominated to or join the laboratories. ISABS will not be responsible for any of such problems developed during or after participation in any ISABS laboratory. It is implicit that each participant joins the event with informed voluntary consent and owns responsibility for his or her own health.